

Glossary

Fall:

- an act of falling or collapsing
- to drop or descend under the force of gravity
- the season of the year that comes after summer and before winter; autumn

Gravity: the force of attraction by which things fall toward the center of the earth

Loop: a structure, series, or process, the end of which is connected to the beginning

Layer: different pieces placed overlapping one another

Soundscape: a sound or combination of sounds that forms or arises from the world around you, including sounds made by nature, humans, animals, machines or anything in the environment

Create and Make

Leaf Wreaths - Find leaves that have fallen, gather them together in a “loop”, a “wreath” of cardboard with holes, and layering together for something to keep enjoying.

This project is not only a physical representation of Alicia Enstrom's interview words, but also a physical exercise that makes the body complete a loop/circle as the gravity pulls the leaves to the ground and then a child picks it back up to use for an art project.

Dig Deeper

Leaf X-rays - By rubbing a crayon over a paper on top of a leaf's back, you can see the structure/architecture of the leaf revealed like an X-ray of our own bodies...X-rays are a tool which help us see the internal (like our bones), what we can't see on the outside...Music is like an X-ray, it helps us access our unseeable, internal thoughts and emotions that are both happy and sad.

Listen

Fall Soundscape Walk

Listen to the sounds of Fall as you go on a walk or sit outside.

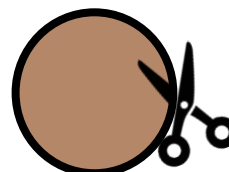
Can you hear the leaves?

Are the leaves falling from the trees, sliding across the parking lot, crunching under your feet, wiggling in a fence, sloshing in a rain filled bucket?

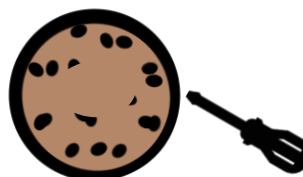
Create and Make

Leaf Wreath - Find leaves that have fallen, gather them together in a “loop”, a “wreath” of cardboard with holes, and layer together for something to keep enjoying.

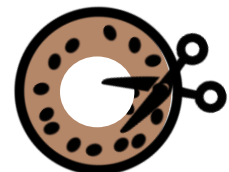
1. Cut a big circle out of a piece of cardboard.
(large boxes from the recycle bin are great for this)



2. Poke holes in the cardboard circle with the end of a screwdriver or sharp pencil. As you poke holes, don't worry about poking out ones in the center, because you will cut the center out.



3. Using one of the holes as a beginning spot, cut out the center of the circle so there is a loop or wreath shape.



4. Gather leaves and push their stems through the holes. The leaves will layer on top of one another.



The leaves layer just like they do as they fall to the ground and how layers of music come together with different rhythms and sounds happening at the same time.

5. You can add glue to the underside of the leaves if you want to keep the wreath together, or you can keep adding and taking away the leaves on walks.



As you pick up a leaf that has fallen to the ground, your body completes a loop. The leaf falls by gravity to the ground and then rises back up in your hands to become part of the art.



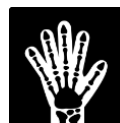
Dig Deeper

Leaf X-rays



Gather supplies: leaves, crayons, paper

By rubbing a crayon over a paper on top of a leaf's back, you can see the structure or architecture of the leaf revealed like an X-ray of your own body.



- X-rays are a tool which help us see our internal architecture, our bones.
- X-rays help us see what we can't see on the outside.
- Music is like an X-ray, it helps us see and feel our unseeable, internal thoughts and emotions that are both happy and sad.



How to:

1. Choose a leaf that you want to use for a “Leaf X-Ray”.
2. Place the leaf on a flat surface or table with the rougher, back side facing up.
3. Layer the paper on top of the leaf, smoothing flat, ready to color on.
4. With the crayon on top of the paper, rub gently across. The leaf shape underneath will reveal itself with lines and shadows of color on the paper.



- Can you see the structure or “bones” of the leaf?

****bonus fact related to filming location:**

X-rays were one of the new technologies featured at the 1897 Centennial Exposition in Nashville, the event that the Nashville Parthenon was first built for.

Listen

Fall Soundscape Walk



Listen to the soundscape* of Fall as you go on a walk or sit outside.



What are the leaves doing?

- falling from the trees
- sliding across the parking lot
- crunching under your feet
- wiggling in a fence
- sloshing in a rain filled bucket

Do the leaves make sounds?

What are the leaves doing to make the sounds?

What other things are making sounds?

Do you hear different sounds at the same time?

If you drew a picture of the “soundscape” you are hearing, what would it look like?



Draw on some paper or use chalk on the sidewalk to show what your “soundscape” is like.

Soundscape: a sound or combination of sounds that forms or arises from the world around you, including sounds made by nature, humans, animals, machines or anything in the environment.